

HCCS Meal Calendar

AUGUST 2011



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1	2	3	4	5
8	9	10	11	12 OPEN HOUSE – 6:00 GYM
15 <u>Lunch:</u> Ham & Cheese Sandwiches, French fries, Vegetable Sticks and Apple	16 <u>Lunch:</u> Chicken, Mashed Potatoes & Gravy, Green Beans, Roll and Cantaloupe Wedge	17 <u>Lunch:</u> Beef Tacos, Tomato, Lettuce, Carrot Sticks and Oranges	18 <u>Lunch:</u> Frito pie, lettuce and tomatoes and Pears, and Cake	19 <u>Lunch:</u> Chicken Quesadillas, Lettuce and Tomatoes, Bananas
22 <u>Lunch:</u> Bean Tostadas, Tomato and Lettuce, Cucumber Slices With Ranch Dressing, and Peaches	23 <u>Lunch:</u> Grilled Ham & Cheese, Carrot Sticks with Ranch Dressing and Mixed Fruit	24 <u>Lunch:</u> Salisbury steak, Potatoes & Gravy, Roll, and Apricots and Cookie	25 <u>Lunch:</u> Hamburger on Whole Wheat, Lettuce, Pickle, Onion & Tomato, Fries and Watermelon slices	26 NO SCHOOL
29 <u>Lunch:</u> Chicken Fajitas, Tomato and Lettuce, Pinto Beans and Watermelon slices	30 <u>Lunch:</u> Grilled Cheese, Pickle Spears, Chips, and Apricots	31 <u>Lunch:</u> Bean & Cheese Burrito, Salsa, Tomato, Lettuce and Apple		

Breakfast & lunch daily offerings: Milk variety. Breakfast: if fruit or vegetable is not specified, will have choice of a fresh fruit from fruit bowl. **Menus Are Subject To Change.** In accordance with federal law & United States Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.