

# Holy Cross Catholic School Sports Consent

Please read the following statements concerning the participation of your child/ward who will be participating in athletics. Respond below with your signature.

I hereby give my consent for \_\_\_\_\_ to participate in interscholastic athletics at **HOLY CROSS CATHOLIC SCHOOL**. I also authorize **HOLY CROSS CATHOLIC SCHOOL** to provide the information on the form to the New Mexico Activities Association. The financial responsibility for securing care of athletic injuries is a matter between the parent/guardian and physician or dentist of parent's guardian's selection. **HOLY CROSS CATHOLIC SCHOOL** may not pay doctors, dentists or hospitals for any treatment of any child.

## INSURANCE

We have applied for student accident insurance through **HOLY CROSS CATHOLIC SCHOOL**,  
 YES     NO, or we have accident insurance with the following company:

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## MEDICAL HISTORY

I hereby state that I have reviewed the medical history of my child and find the answers to the questions are correct to the best of my knowledge.

## AUTHORIZATION FOR MEDICAL SERVICES

I/We request that I/We be contacted within a reasonable time in the event of illness or injury requiring medical service. In the event we cannot be reached, I/We, parent (s) or guardian (s) hereby designate the Sport Director, Team Coach, Athletic Trainer or his/her designee to act in my/our behalf to authorize such hospitalization, medical attention and surgery as may be required in an emergency because of illness or injuries sustained by my/our behalf to authorize such hospitalization, medical attention and surgery as may be required in an emergency because of illness or injuries sustained by my/our child/ward while participating in school athletics. In the event we cannot be reached, and the situation calls for medical attention, we recognize and relinquish our responsibility to a practicing physician and or medical personnel acting in the best interest of my/our child/ward. I/We hereby assume financial responsibility for hospitalization, medical attention and survey and survey provided.

Family Physician \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Family Dentist \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Hospital Preference \_\_\_\_\_

Parents/Guardian Phone #

Name \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_

Name \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_

Emergency Contact Phone #

Name \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

# MEDICAL HISTORY

This portion is to be completed by **PARENT** or **GUARDIAN** prior to medical examination. This entire form is to be handed over to the Examining Licensed Medical Physical.

Name of Student \_\_\_\_\_ Grade \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_

Name of Parent or Guardian \_\_\_\_\_  
 Address \_\_\_\_\_

**NOTE TO PARENTS:** In order that the best plans may be made for your child, it is necessary that we have your cooperation in filling out this questionnaire accurately before he/she can participate in sports. After conferring with your child, please initial after each sport in which you permit him/her to participate.

- Volleyball     Swimming     Basketball     Cheerleading     Soccer  
 Ski Club     Spirit Team     Cheerleading

Do you want to talk to a doctor about a health problem or injury?     Yes     No

- Has anyone in your close family ever had?
- Diabetes (high blood sugar)     Yes     No
  - Allergies (hay fever or asthma)     Yes     No
  - Migraine Headaches     Yes     No
  - Heart Trouble     Yes     No
  - High Blood Pressure     Yes     No

Has anyone in your family under age 50 died suddenly?     Yes     No

- Have you had or do you now have?
- Brain concussion (head injury)     Yes     No
  - Tendency to lose consciousness     Yes     No
  - Skull fracture     Yes     No
  - Convulsions or epilepsy     Yes     No
  - Neck injury     Yes     No

- Have you had or do you now have?
- Very bad vision in one eye     Yes     No
  - Temporary loss of vision     Yes     No
  - To wear glasses or contact lens     Yes     No

- Have you had or do you now have?
- Hearing Loss     Yes     No
  - Perforated ear drum     Yes     No
  - Recurrent infections     Yes     No
  - Sinus infections     Yes     No
  - Broken Nose     Yes     No
  - Dental Plate     Yes     No
  - Orthodontia     Yes     No

- Have you had or do you now have?
- Hernia     Yes     No
  - Kidney Problems     Yes     No
  - (Boys) Loss of function or absence of testicles     Yes     No
  - (Girls) Menstrual problems     Yes     No
  - Age of onset of menstruation     Yes     No

Have you had or do you now have?

- Bone fracture  Yes  No
- Joint Fracture  Yes  No
- Foot Problem  Yes  No
- Pins, staples or wires in any part of your body  Yes  No
- Have you had or do you now have?
- Back injury or frequent headaches  Yes  No
- Knee injury (sprain)  Yes  No
- Ankle injury (sprain) or recurrent pain  Yes  No
- Other joint trouble  Yes  No
- Bone infection  Yes  No
- Have you had or do you now have?
- Tendency to bleed or bruise easily  Yes  No
- Anemia (tired blood)  Yes  No
- Weight problem (under or over weight)  Yes  No
- Have you had or do you now have?
- Asthma  Yes  No
- Hay Fever  Yes  No
- Hives or rash  Yes  No
- Bee sting reactions (allergy)  Yes  No
- Reaction to medication (allergy)  Yes  No
- Do you
- Smoke  Yes  No
- Take any medication regularly  Yes  No
- If **YES** please list medication \_\_\_\_\_
- 

- Have you had or do you now have?
- Heart trouble or murmur  Yes  No
- High blood pressure  Yes  No
- Persistent cough  Yes  No
- Chest pain with exercise  Yes  No
- Dizziness or faintness with exercise  Yes  No
- Have you had or do you now have?
- Recurrent rash  Yes  No
- Fungus Infection  Yes  No
- Athlete's Foot  Yes  No
- Recurrent boils (skin infection)  Yes  No
- Do you wish to discuss an emotion problem with the doctor?  Yes  No
- Have you ever been told to give up sports because of a health problem?  Yes  No

# MEDICAL EXAMINATION

(LICENSED MEDICAL PHYSICIAN ONLY as per NMAA handbook 4.16)

Name of student \_\_\_\_\_ Grade \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Pulse \_\_\_\_\_

Eyes Uncorrected R 20/      L 20/      Corrected R 20/      L 20/

	Normal	Abnormal	Remarks
EENT	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cardiovascular	<input type="checkbox"/>	<input type="checkbox"/>	_____
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hernia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Genitalia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Musculasketal	<input type="checkbox"/>	<input type="checkbox"/>	_____
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	_____
Deformities	<input type="checkbox"/>	<input type="checkbox"/>	_____
Surgical Scars	<input type="checkbox"/>	<input type="checkbox"/>	_____
Skin	<input type="checkbox"/>	<input type="checkbox"/>	_____
Urinalysis (Sugar)	<input type="checkbox"/>	<input type="checkbox"/>	_____

I certify that I have on this date reviewed the above history and examined this individual and find him/her physically able to compete in interscholastic athletics.    **DATE:** \_\_\_\_\_

\_\_\_\_\_  
Examining Licensed Medical Physician (Please Print)

\_\_\_\_\_  
Signature of Licensed Medical Physician

Address \_\_\_\_\_

Business Phone: \_\_\_\_\_

**COMMENTS:**